

WHAT IS BODY SUGARING?

Sugaring is the ancient art of hair removal, a manual technique that has been practiced through the centuries by Egyptian women.

Sugar paste is massaged into the skin by hand at lukewarm temperature. It is environmentally safe and is the purest and most natural way to remove unwanted hair for today's women and men.

Due to the gentleness, sugaring paste can be applied more than once to the same area; it exfoliates only dead skin cells, which then results in a more thorough removal of the hair, leaving the skin feeling silky smooth and soft. There is a greater diminishment (permanently) of hair growth because the hair is removed completely with the direction of the hair leaving no broken hairs in the follicle.

Products are 100% natural consisting of sugar and lemon juice and water. They are hypoallergenic, and excellent for eczema and psoriasis!

Advanced Body Sugaring By Maria

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Hair Removal by the
use of Sugar Paste

AFTER TREATMENT ADVICE

WE ADVISE: That you not time your appointment to coincide with your menstrual cycle as it is a time when you are most sensitive.

JUST A REMINDER: Please avoid using any oil or moisturizing creams, particularly 1 to 2 days prior to your appointment, as these can inhibit the action of the sugar paste.

SKIN SPOTTING: Tiny red spots may appear on the skin for a few hours, or even a day or so in some cases. If this should happen, do not be alarmed. This is just an indication that the hairs have been removed from the follicle and it is quite normal after a treatment. They will disappear.

FOR SENSITIVE SKIN: To take away the sting and to reduce redness, apply an ice cold compress two to three times for about 2-3 minutes at a time.

AVOID HOT TUBS AND SWIMMING POOLS for 2 days following treatment. The pores of the skin are more open and there is a greater chance of bacterial infection. Salt water pools and tubs are okay.

Do not use perfumed soap or products with chemical irritants on treated area within 24 hours of your treatment.

FACE: To quickly reduce any redness to the area, wrap an ice cube in a wet cloth and apply it to the treated area 5 or 6 times at one hour intervals. You may develop some whiteheads in this area but they seldom appear with subsequent treatments.

WAS IT PAINFUL?: If you have been shaving, the first treatment is the worst, due to the fact that the bulb at the base of the hair shaft is enlarged. The more treatments you receive, the weaker the roots get and the easier it is to remove the hair. Due to the way hair grows, it will take a few months to replace the shaven hair with a natural hair growth.

BEWARE OF SUN EXPOSURE: After your treatment, your skin may sunburn more easily so be aware of exposing your skin to the sun and any infra-red lamp or solarium for a minimum of two days. You should not receive a treatment if your skin is sunburnt.

Please do not use a razor or depilatory creams between appointments. Be sure not to exfoliate the day before, the day of, or the day after the treatment.

IN-GROWN HAIRS: Many people are subject to in-grown hairs due to the hair being out of the follicle for weeks giving the dead skin cells a chance to form over the mouth of the follicle, thus causing the hair to grow under the skin when it reappears. To prevent this from happening you should soak 3 times per week in lukewarm water with a 1/2 cup of dead sea salts for 10 minutes. Exfoliate for a few more minutes. Be sure to re-hydrate your skin afterwards with body lotion. Ask your technician for suggestions to suit your personal requirements. The use of In-B-Gone on a regular basis will help prevent ingrown hairs from forming.

DIMINISHING HAIR GROWTH: Depending on how dense the hair growth is on each individual, it ranges from 18 months for people with light hair growth to 3 years or more for people with heavy growth. Since the best age to start is at puberty, we encourage you to influence young girls to start using sugar paste instead of shaving.

Remember - Hair growth needs to be only 1/8" to be removed.

YOUR NEXT APPOINTMENT: The best results occur when you establish a routine suitable to your hair growth. Since diminishment of hair growth is a gradual process and is achieved by regular treatments over a period of time, the usual time span between appointments is 4-6 weeks; perhaps a little more often in the summer. It is important to note that due to the changes that may occur in your hormonal balance from time to time, you may have unusually heavy growth perhaps once a year. This is quite normal. Keep in mind that the diminishment of hair growth will occur gradually, despite the occasional heavy growth and this doesn't mean that the treatment isn't working or that your hair growth is being stimulated.

